

Yes, I think I'm Pregnant!



Call or return form to
Best Beginnings

for an appointment to discuss your pregnancy.



Make an appointment with a doctor or midwife who delivers babies.

**If you think you are pregnant . . .
AVOID all drugs, alcohol,
nicotine, unnecessary Xrays,
and any other substances which
could harm your
developing baby!**



Services Available
through

Best Beginnings



Assessment of needs related to pregnancy.



Information, emotional support, referrals to other resources in the community.



Financial assistance to begin prenatal care.



Educational materials relating to pregnancy.



Prenatal Parenting Classes.



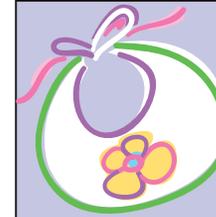
Home visits for parents and babies.



Parenting classes for parents of children 0 to 8 years of age.



Support for the parents of pregnant teens.

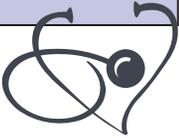


**The Months
of Pregnancy
Can Be
Happy
and
Healthy**

Contact

Best Beginnings

**For
More Information**

Sweetwater County 
Community Nursing Service

731 C Street, Suite 315
Rock Springs, WY 82901-6202
(307) 922-5390
(307) 872-3944